

**SWALLOW SCHOOL  
March 2018 Lunch Menu**

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|---|---|--|---|---|
|   |   |  | <b>1 Pizza Thursday</b><br>1 Cheese Pizza<br>2 Burger or Cheeseburger<br>3 Snack Plate<br>Breadstick<br>Garden Vegetables<br>Fruit & Vegetable Bar<br>Included with Lunch           | <b>2 Dr. Seuss' Birthday</b><br>1 Yogurt Pak w/ Muffin<br>2 Bacon Cheeseburger<br>3 Egg or Tuna Salad Croissant<br>Potato Wedges<br>Green Beans<br>Fruit & Vegetable Bar<br>Included with Lunch           |
| <b>5</b><br>1 Mini Corn Dogs<br>2 Breakfast Sandwich<br>3 Taco Salad<br>Mashed Potatoes<br>Cream Corn<br>Fruit & Vegetable Bar<br>Included with Lunch                 | <b>6 Taco Tuesday</b><br>1 Soft Shell Beef Tacos<br>2 Burger/Cheeseburger<br>3 Crispy Chicken Wrap<br>Tortilla Chips & Salsa<br>Fiesta Black Beans<br>Dessert<br>Fruit & Vegetable Bar<br>Included with Lunch | <b>7</b><br>1 Spaghetti with Meat Sauce<br>2 Chicken Patty on a Bun<br>3 Sub Sandwich<br>Breadstick<br>Roasted Cauliflower<br>Fruit & Vegetable Bar<br>Included with Lunch | <b>8 Pizza Thursday</b><br>1 Cheese or Sausage Pizza<br>2 Burger/Cheeseburger<br>3 Snack Plate<br>Curly Noodles<br>Broccoli Salad<br>Fruit & Vegetable Bar<br>Included with Lunch   | <b>9 French Toast Friday</b><br>1 French Toast Sticks<br>w/Sausage<br>2 BBQ Riblet<br>3 Egg or Tuna Salad Croissant<br>Hashbrown Patty<br>Cinnamon Apples<br>Fruit & Vegetable Bar<br>Included with Lunch |
| <b>12</b><br>1 Chicken Nuggets<br>2 Breakfast Sandwich<br>3 Taco Salad<br>Potatoes Ole'<br>Fruit & Vegetable Bar<br>Included with Lunch                               | <b>13</b><br>1 Ham & Pepperoni Melt<br>2 Burger/Cheeseburger<br>3 Crispy Chicken Wrap<br>Pasta Salad<br>Birthday Cake<br>Fruit & Vegetable Bar<br>Included with Lunch   | <b>14</b><br>1 Potato Crunch Fish Filet<br>2 Chicken Patty on a Bun<br>3 Sub Sandwich<br>Scalloped Potatoes<br>Coleslaw<br>Fruit & Vegetable Bar<br>Included with Lunch    | <b>15 Pizza Thursday</b><br>1 Cheese or Pepperoni Pizza<br>2 Burger or cheeseburger<br>3 Snack Plate<br>Garlic Toast<br>Green Beans<br>Fruit & Vegetable Bar<br>Included with Lunch | <b>16</b><br><p align="center">Early Release</p>  |
| <b>19</b><br>1 Pancakes and Eggs<br>2 Breakfast Sandwich<br>3 Taco Salad<br>Breakfast Potatoes<br>Cinnamon Applesauce<br>Fruit & Vegetable Bar<br>Included with Lunch | <b>20</b><br>1 Hot Dog on a Bun<br>2 Burger/Cheeseburger<br>3 Crispy Chicken Wrap<br>Baked Beans<br>Chips<br>Pudding Cup<br>Fruit & Vegetable Bar<br>Included with Lunch                                      | <b>21</b><br>1 Grilled Cheese<br>2 Chicken Patty<br>3 Sub Sandwich<br>Tomato Soup<br>Tator Tots<br>Fruit & Vegetable Bar<br>Included with Lunch                            | <b>22 International Goof Off Day!</b><br>1 Cheese Pizza<br>2 Burger/Cheeseburger<br>3 Snack Plate<br>Parmesan Pasta<br>Carrot Coins<br>Fruit & Vegetable Bar<br>Included with Lunch | <b>23</b><br>1 Cheesebread w/Marinara<br>2 Boneless Wings w/Sauce<br>3 Egg or Tuna Salad Croissant<br>Chef's Choice LOL!<br>Fruit & Vegetable Bar<br>Included with Lunch                                  |
| <b>26</b><br>1 Chicken Strips<br>2 Breakfast Sandwich<br>3 Taco Salad<br>French Fries<br>7 Layer Salad<br>Fruit & Vegetable Bar<br>Included with Lunch                | <b>27</b><br>1 Beefy Nachos<br>2 Burger/Cheeseburger<br>3 Crispy Chicken Wrap<br>Red Beans & Rice<br>Corn Niblets<br>Fruit & Vegetable Bar<br>Included with Lunch   | <b>28</b><br>1 Macaroni and Cheese<br>2 Chicken Patty<br>3 Sub Sandwich<br>Roasted Beets n Sweets<br>Sugar Cookie<br>Fruit & Vegetable Bar<br>Included with Lunch ich      | <b>29 Pizza Thursday</b><br>1 Homemade Pizza<br>2 Burger/Cheeseburger<br>3 Snack Plate<br>Breadstick<br>Mixed Vegetables<br>Fruit & Vegetable Bar<br>Included with Lunch ich        | <b>30</b><br><p align="center"><b>NO<br/>School<br/>Spring Break</b></p>  |

